

Ultra-Rich Night

Wake up to radiant skin.

Ultra-Rich Night is especially suited for dry, mature, and dehydrated skin – not only a true necessity for healthy, radiant skin, but also ideal for sensitive or allergy-prone skin types.

Did you know that your skin does its most important work while you sleep? During the night, your skin enters a powerful phase of repair and renewal, making use of a rich, nourishing night cream not only beneficial, but essential!

Between 22:00 and 04:00, your skin cells actively multiply, with peak cell renewal occurring around 02:00. This natural process of cell division helps your skin repair daily damage and regenerate. At the same time, blood circulation increases, delivering essential nutrients to the skin and supporting healing and rejuvenation.

Collagen production. Skin firmness. Reduces wrinkles. Improved elasticity.

While you sleep, collagen production also increases – helping the skin stay firm, reduce wrinkles, and improve elasticity. However, poor sleep or late nights can disrupt this process, weaken the skin's protective barrier, and even affect the delicate microbiome. Research clearly shows that insufficient sleep leads to accelerated aging and a decline in overall skin health.





This is where Ultra-Rich Night plays an essential role:

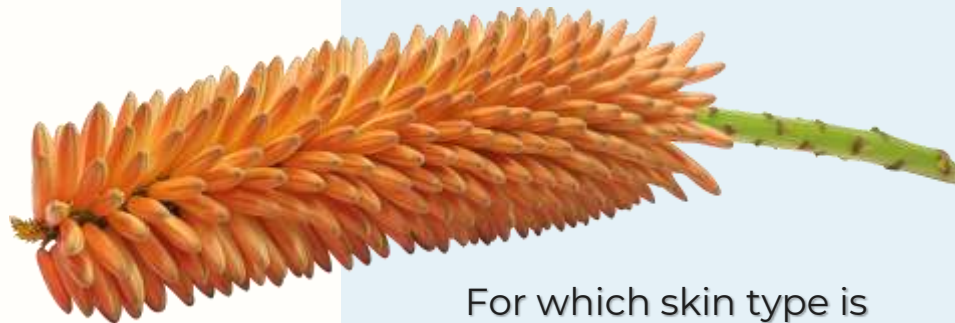
Unlike day creams, which focus on protecting the skin from environmental factors such as sun, wind, and pollution, night creams are specifically designed to deeply nourish and repair the skin. Ultra-Rich Night is formulated to support your skin when it needs it most.

Ultra-Rich Night contains cold-pressed *Aloe ferox* juice, oils like avocado, sweet almond, apricot kernel, jojoba, and vitamin E.

It is important to choose the right night cream for your skin type, regardless of your age. As we get older, our skin naturally loses moisture, making nighttime nourishment increasingly important.

How to:

- Use your fingertips to apply Ultra-Rich Night to your face and neck.
- Gently massage with upward and outward movements. Do not pull the skin downward.
- Finish application with upward strokes over the chest and neck area.



Key benefits of Ultra-Rich Night:

- ✓ Promotes deep skin repair while you sleep
- ✓ Stimulates natural cell renewal
- ✓ Boosts collagen production
- ✓ Provides intense, long-lasting hydration
- ✓ Reduces fine lines and wrinkles
- ✓ Improves skin texture and tone
- ✓ Restores elasticity and firmness
- ✓ Supports protection against environmental stress.

For which skin type is Ultra-Rich Night recommended?

Send your answer to freegift@af.co.za and receive free marketing material.



Hier speel Ultra-Rich Night 'n noodsaaklike rol:

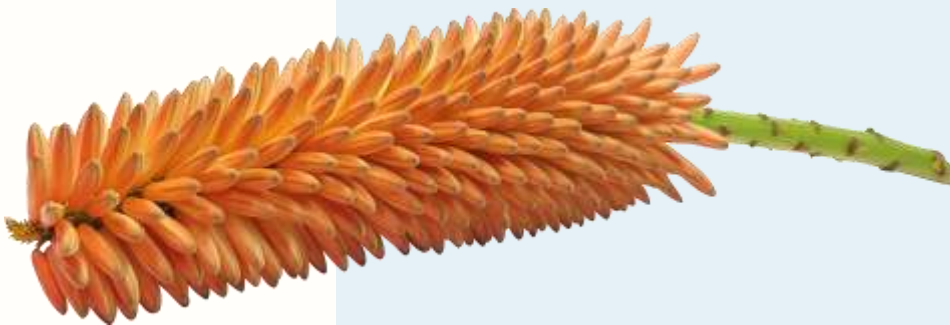
Anders as dagroom, wat fokus op beskerming teen omgewingsfaktore soos son, wind en besoedeling, is nagroom spesifiek ontwerp om die vel diep te voed en te herstel. Ultra-Rich Night is geformuleer om jou vel te ondersteun wanneer jou vel dit die nodigste het.

Ultra-Rich Night bevat koudgeperste *Aloe ferox*-sap, avokado-, soet amandel-, appelkoospit- en jojoba-olie, asook vitamien E.

Dit is belangrik om die regte nagroom vir jou vel tipe te kies, ongeag jou ouderdom. Soos ons ouer word, verloor ons vel natuurlike vog, wat nagtelike voeding al hoe belangriker maak.

Hoe om te gebruik:

- Gebruik jou vingerpunte om Ultra-Rich Night op jou gesig en nek aan te wend.
- Masseer sagkies in met opwaartse en uitwaartse bewegings. Moenie die vel afwaarts trek nie.
- Voltooi die aanwending met opwaartse hare oor die bors- en nekarea.



Belangrikste voordele van Ultra-Rich Night:

- ✓ Bevorder diep velherstel terwyl jy slaap
- ✓ Stimuleer natuurlike selvernuwing
- ✓ Verhoog kollageenproduksie
- ✓ Verskaf intense, langdurige hidrasie
- ✓ Verminder fyn lyntjies en plooië
- ✓ Verbeter veltekstuur en -toon
- ✓ Herstel elasticiteit en fermheid
- ✓ Ondersteun beskerming teen omgewingstres.

Vir watter vel tipe word Ultra-Rich Night aanbeveel?

Stuur jou antwoord na freegift@af.co.za en ontvang gratis bemarkingsmateriaal.

Ultra-Rich Night

Word wakker met 'n stralende vel.

Ultra-Rich Night is spesiaal geskik vir 'n droë, volwasse en gedehidreerde vel – nie net 'n ware noodsaaklikheid vir 'n gesonde, stralende vel nie, maar ook vir sensitiewe of allergiese veltypes.

Het jy geweet dat jou vel sy belangrikste werk doen terwyl jy slaap? Gedurende die nag betree jou vel 'n kragtige fase van herstel en vernuwing, wat die gebruik van 'n ryk, voedende nagroom nie net voordelig maak nie, maar noodsaaklik!

Tussen 22:00 en 04:00 vermeerder jou velselle aktief, met die piek van selvernuwing wat omstreeks 02:00 plaasvind. Hierdie natuurlike proses van seldeling help jou vel om daaglikse skade te herstel en die vel te vernuwe. Terselfdertyd verhoog bloedsirkulasie, wat noodsaaklike voedingstowwe na die vel vervoer en genesing en verjonging ondersteun.

Kollageenproduksie. Ververferming. Verminder plooie. Verbeterde elasticiteit.

Terwyl jy slaap, neem kollageenproduksie ook toe – wat die vel help om ferm te bly, plooie te verminder en elasticiteit te verbeter. Swak slaap of laatnagte kan egter hierdie proses ontwrig, die vel se beskermende versperringslaag verswak en selfs die delikate mikrobiom beïnvloed. Navorsing toon duidelik dat onvoldoende slaap tot versnelde veroudering en 'n afname in algehele velgesondheid lei.



Specials

June 2026

May, 2026



**ULTRA-RICH
Night
50 ml**

R82
SAVE R30

- Intensely hydrates and nourishes skin.
- Enhances cellular regeneration and repair.
- Protects against dehydration.
- Specialised ingredients strengthen and firm sagging skin.
- Restores and renews skin.
- Supports rejuvenation of skin.
- Restores elasticity.
- Boosts collagen production.
- Reduces fine lines and wrinkles.



**Contour
Hydrate
15 ml**

R204
SAVE R50

- Reduces dark circles, puffiness, and signs of aging.
- Delays wrinkle formation.
- Provides immediate and long-term moisture.
- Protects skin from environmental damage.
- Enriched with internationally acclaimed actives: Beautifeye™, Energen™, Pronalen EAP™, Hydromanil™ and Hydrolite® 5 green.



**Eye
Gel
15 ml**

R55
SAVE R10

- Diminishes puffiness and dark circles under the eyes.
- Strengthens skin elasticity.
- Helps to reduce signs of aging.
- Repairs cell damage.
- Revitalises and brightens skin.
- Improves skin texture.

“ Testimony

#112 / 2026-05

May, 2026



English:

Esmè writes: “At the end of November 2025, I handed out sachets of our **Muscle Gel** to a few clients – and one response truly stood out. Charmaine Williams had been living with a constant ringing and crackling in her ears for several years. Out of curiosity, she applied a small amount of **Muscle Gel** just inside her ears. To her amazement, the noise stopped – for the first time in years! Today, she only experiences a slight sound when water is running from a tap, which disappears immediately once the tap is closed. But that’s not all. Charmaine recently shared even more surprising news. A prominent mole on her face – something she had for over 20 years – has completely disappeared after regular use of **Muscle Gel**. Having known her for so long, I could hardly believe it until I saw the results myself. Stories like Charmaine’s remind us just how powerful consistent use of the right product can be. If you haven’t tried our **Muscle Gel** yet, now is the perfect time to experience the difference for yourself.”

Afrikaans:

Esmè skryf: “Aan die einde van November 2025 het ek sachets van ons **Muscle Gel** aan 'n paar kliënte uitgedeel – en een terugvoer het werklik uitgestaan. Charmaine Williams het al vir 'n aantal jare met 'n aanhoudende gesuis en geknetter in haar ore saamgeleef. Uit nuuskierigheid het sy 'n bietjie **Muscle Gel** net binne haar ore aangewend. Tot haar verbasing het die geraas opgehou – vir die eerste keer in jare! Vandag ervaar sy slegs 'n ligte geluid wanneer water uit 'n kraan loop, wat onmiddellik verdwyn sodra die kraan toegedraai word. Maar dit is nie al nie. Charmaine het onlangs nog meer verrassende nuus gedeel. 'n Prominente moesie op haar gesig – iets wat sy vir meer as 20 jaar gehad het – het heeltemal verdwyn ná gereelde gebruik van **Muscle Gel**. Omdat ek haar al so lank ken, kon ek dit skaars glo totdat ek self die resultate gesien het. Stories soos dié van Charmaine herinner ons net weer hoe kragtig die konsekwente gebruik van die regte produk kan wees. As jy nog nie ons **Muscle Gel** probeer het nie, is dit nou die perfekte tyd om self die verskil te ervaar.”