



APPETITE CONTROL capsules are not only invaluable for weight loss, but also for diabetes, insulin resistance, high blood pressure, cardiovascular disease, high cholesterol, weakened immunity, exhaustion and anxiety.

APPETITE CONTROL contains African Bush Mango (*Irvingia gabonensis*), a fruit rich in nutrients and antioxidants. Only the seed (pips) are used for medical purposes. The antioxidants in the seed, reduce oxidative stress and inflammation, and help protect body cells against free radicals.

According to a study published in the journal *Lipids in Health and Disease*, it is used in weight loss supplements because it helps to suppress appetite, lowers cholesterol and leptin levels (fat levels), and burns fat stored in the liver and muscles.

During this 30-day study, participants received 150 mg of the seed twice daily, half an hour before meals. Although participants did not modify their diet or follow a specific exercise program, results showed a significant improvement in body weight and body fat, reduced waist circumference, improved heart health (total and LDL cholesterol) and blood sugar levels.

The seeds contain 18 amino acids including tryptophan, an essential amino acid known to promote good mood, and aids serotonin production.

APPETITE CONTROL also contains *Gymnema sylvestre*, which reduces the absorption of sugar during the digestive process so that less sugar is stored as fat. This way, blood sugar levels are stabilised, and insulin resistance in diabetics reduced. It is also used for the treatment of obesity.

APPETITE CONTROL also contains *Camellia sinensis* (green tea), which is considered one of the healthiest drinks in the world. Green tea contains antioxidants, amino acids, and a little caffeine that accelerates the body's metabolism. A fast metabolism increases fat burning, which means that 3-4 % more calories are burned per day. The bioactive ingredients in green tea reduce inflammation, improve heart health by lowering blood pressure, and prevent plaque build-up in arteries. L-theanine in green tea has a calming effect on the body and improves sleep.

APPETITE CONTROL also contains chromium, an essential trace element, which is required for a wide variety of medical conditions such as insulin resistance, diabetes, cholesterol, and reducing body fat.





ENGLISH: Christa, one of our distributors, writes: My daughter, Almarie, lost 26 kg with *ALOE FEROX JUICE*, *BODY BASICS* and *APPETITE CONTROL*!

For 9 years Almarie took care of her son, Abri, who was diagnosed with Pallister-Killian syndrome! This means he can't walk, talk or feed himself, and is on oxygen 24 hours a day. During these 9 years she also had another son and daughter. All the stress caused Almarie to become a compulsive eater and she gained a lot of weight.

After Abri was placed in a care clinic, Almarie collapsed! After completing her treatment I introduced her to the Aloe Ferox products. Slowly but surely she underwent a metamorphosis that changed her life completely! She is now sparkling, full of confidence, and has returned to teaching!

AFRIKAANS: Christa, ons verspreider, skryf: My dogter, Almarie, het 26 kg verloor met *ALOE FEROX JUICE*, *BODY BASICS* en *APPETITE CONTROL*!

Almarie het vir 9 jaar haar seuntjie, Abri, wat met Pallister-Killian-sindroom gediagnoseer was, versorg! Dit beteken hy kon nie loop, praat of self eet nie, en was 24 uur per dag op suurstof. In die 9 jaar het sy ook nog 'n seun en dogter ryker geword. Die spanning het veroorsaak dat Almarie 'n kompulsiewe eter geword en baie gewig opgetel het.

Nadat Abri in 'n versorgingskliniek geplaas was, het Almarie ineengestort! Na haar behandeling het ek haar aan die Aloe Ferox-produkte voorgestel. Stadig maar seker het sy 'n metamorfose ondergaan en het haar lewe handomkeer verander! Sy is nou sprankelend, vol selfvertroue en terug in die onderwys!



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Aloe Ferox

Specials

JUNE 2023



R75

SAVE R10

SUPER ALOE GEL

75 ml

R120

SAVE R14

RADICAL IMAGE

60 Capsules

R160

SAVE R20

24

50 ml



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Aloe Ferox®



APPETITE CONTROL-kapsules is nie net voordelig vir gewigsverlies nie, maar ook vir kardio-vaskulêre siektes, diabetes, insulienweerstandigheid, hoë bloeddruk, hoë cholesterol, verswakte immuniteit, uitputting en angstigheid.

APPETITE CONTROL bevat African Bush Mango (*Irvingia gabonensis*), 'n vrug ryk aan nutriënte en antioksidante. Slegs die saad (pitte) word vir mediese doeleindes gebruik. Die antioksidante in die saad verminder oksidatiewe stres en inflammasie, en help om liggaamselle teen vrye radikale te beskerm.

Volgens 'n studie wat in die *Lipids in Health and Disease*-joernaal gepubliseer was, word dit in gewigsverliesaanvullings gebruik omdat dit eetlus help demp, cholesterol- en leptinvlakke (vetvlakke) verlaag, en vet wat in die lewer en spiere gestoor word, verbrand.

Gedurende dié 30-dag studie het deelnemers 150 mg van die saad, 2 x daaglik, 30 minute voor etes geneem. Deelnemers het nie hul dieet verander of spesifieke oefenprogramme gevolg nie. Resultate het 'n aansienlike verbetering in liggaamsgewig en liggaamsvet getoon, die middellyf-omtrek het gekrimp, hartgesondheid (totale en LDL-cholesterol) asook bloedsuikervlakke het verbeter.

Die sade bevat 18 aminosure, o.a. triptofaan – 'n essensiële aminosuur, wat behulpsaam is met serotonienproduksie wat positiewe gemoedstoestande bevorder.

APPETITE CONTROL bevat *Gymnema sylvestre*, wat die opname van suiker gedurende die verteringsproses verminder sodat minder suiker as vet gestoor word. Op dié manier word bloedsuikervlakke gestabiliseer, insulienweerstandigheid by diabete verminder, en word ook gebruik in die behandeling van vetsug.

APPETITE CONTROL bevat *Camellia sinensis* (groen tee), wat beskou word as een van die gesondste drankies ter wêreld. Groen tee bevat antioksidante, aminosure, en 'n bietjie kaffeïen wat die metabolisme van die liggaam versnel. 'n Vinnige metabolisme verhoog vetverbranding, wat beteken dat 3-4 % meer kalorieë per dag verbrand kan word. Die bio-aktiewe bestanddele in groen tee verminder inflammasie, verbeter hartgesondheid omdat dit bloeddruk verlaag, en voorkom plaakopbou in are. L-theanine in groen tee het 'n kalmerende uitwerking en verbeter slaap.

APPETITE CONTROL bevat ook chroom, 'n essensiële spoorelement, wat benodig word vir 'n wye verskeidenheid mediese toestande soos insulienweerstandigheid, diabetes, cholesterol, en vermindering van liggaamsvet.

