

In rheumatoid arthritis, the body's immune system attacks its own tissue, including joints. It affects joint linings, causing painful swelling. Over long periods of time, the inflammation associated with rheumatoid arthritis can cause bone erosion and joint deformity.

Rheumatism, also known as rheumatoid arthritis, is any number of diseases known to cause stiffness, inflammation and distortion of the joints. Incessant pain, sensitivity, inflammation (swollen/stiff/red/warm), deformation and loss of joint mobility, severe fatigue, loss of energy and weakness can all be symptoms of arthritis.

Injury, heredity and an unhealthy lifestyle (overweight, smoking, etc.) can lead to both young and old being prime candidates of this painful condition. There is, however, light and better quality of life at the end of this painful tunnel: **JOINT SUPPORT!**

The key ingredients of **JOINT SUPPORT** are Glucosamine, Devil's Claw, Manganese and Copper. These ④ synergistic ingredients play a vital role in the metabolism of the human body.



① Glucosamine aids the formation of cartilage. Although it is naturally produced by the body, a daily supplement of glucosamine is much needed. It helps to rebuild damaged bone and tissue and also reduces joint pain and sensitivity. It restores and protects the gut lining, reduces inflammation and helps to reverse autoimmune reactions.

Glucosamine prohibits intestinal, bowel and bladder irritation. Glucosamine is used with great success in the treatment of inflammatory bowel disease and leaky gut syndrome.

Glucosamine boosting is one of the most effective treatments for arthritic pain and discomfort. It delays joint degeneration and enhances joint regeneration and, at the same time, improves digestive health and inflammation. Symptoms of ulcerative colitis and Chron's disease also benefit by boosting glucosamine levels.

② Devil's Claw reduces pain, inflammation and swelling of the joints. It also provides relief for people suffering from gout because it reduces uric acid levels in the blood. A study conducted in 2002, over an 8 week period, indicated that patients with lower back pain and osteoarthritis of the knees and hips experienced a significant improvement in flexibility and pain relief by using Devil's Claw.

Europeans have been using Devil's Claw to effectively treat painful arthritis, inflammation of the tendons, loss of appetite and even dyspepsia for many years already. Devil's Claw has a soothing effect on the gastrointestinal tract. Bygone eras even considered Devil's Claw to be the digestive tonic of choice.

The recommended dose of Devil's Claw is 500-1000 mg three times a day.

③ Manganese is a trace mineral essential to every life form. It is found mostly in bones, liver, kidneys, and pancreas. The human body contains only tiny amounts of manganese, yet, manganese provides major health benefits, such as a healthy bone structure, bone remodelling as well as the production of essential enzymes for healthy bone growth.

A shortage of manganese leads to conditions such as high blood pressure, several heart issues, bone deformation, high cholesterol, poor vision and hearing, forgetfulness, fatigue, severe cramps, uncontrollable shaking and osteoporosis. It also contributes to thyroid wellbeing. Supplements containing manganese are essential after menopause to maintain healthy bone density. Manganese plays a vital role in the prevention of diseases such as diabetes by helping to regulate blood sugar levels in the body.

④ Copper is an essential trace mineral necessary for survival. Most of the copper in the body is found in the liver, brain, heart, kidneys and skeletal muscle. Copper is essential for normal growth and general health. The anti-inflammatory action of copper makes it ideal in the treatment of arthritis. Copper benefits and protects the blood vessels in the heart as well as the nervous and skeletal system. It plays a key role in the production of melanin, which is responsible for skin, eye and hair colour. Copper also helps to produce elastin – a liquid in the skin that provides skin elasticity. It aids the absorption of iron, improves brain functions and reduces the probability of birth defects.



1. Orders

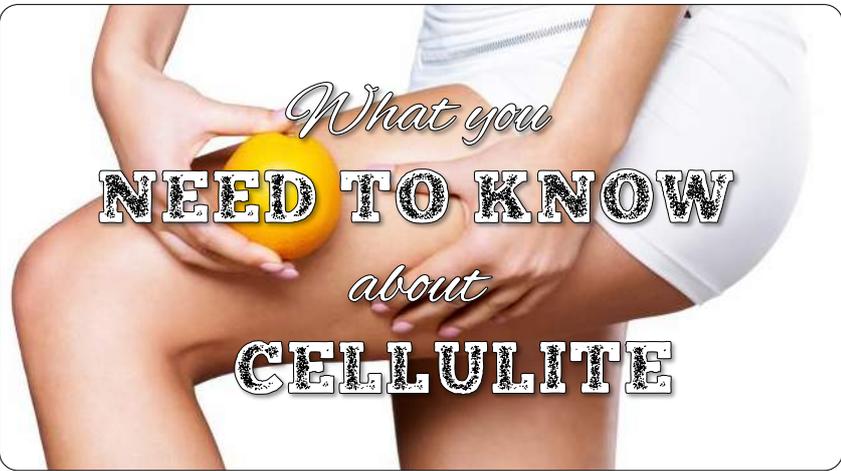
As from the 1st of September 2017 the cut-off time for orders will be **5 pm** on the **last** business day of every month. Orders received after 5 pm will be allocated to the next month. Please plan your orders according to avoid disappointment.

2. Payments

Cash deposit fees are very high, so we urge you not to make any cash deposits below R100 into our bank accounts. Rather pay such amounts via EFT or pay it with your next order.

Q: What is cellulite?

A: The term cellulite refers to the dimpled appearance of the skin that some people have on their hips, thighs, and buttocks. Cellulite is much more common in women than in men because of differences in the way fat, muscle, and connective tissue are distributed in men's and women's skin. The lumpiness of cellulite is caused by fat deposits that push and distort the connective tissues beneath skin, leading to the characteristic changes in appearance of the skin. Cellulite is not related to the condition cellulitis, which is a spreading bacterial infection or inflammation of the skin and tissues beneath.



Q: What causes cellulite?

A: The dimpled appearance of cellulite can be considered to be a normal variant – it is just one way that many perfectly normal human beings look. Heredity, skin thickness, gender, the amount and distribution of body fat, and age can all influence the extent to which cellulite is present or visible. Cellulite is thought to occur due to shrinkage or shortening of the fibrous tissue cords that anchor the skin. Cellulite occurs in people of all races living all around the globe. Although female hormones may play a role in contributing to cellulite, it is not treatable by hormone therapy.

Q: How does Aloe Ferox CEL-U-LITE GEL combat cellulite?

A: CEL-U-LITE GEL contains nutrient rich *Aloe ferox*, which greatly aids microcirculation in the skin to improve skin firmness and elasticity. CEL-U-LITE GEL also contains BODYFIT™, an active ingredient from the world renowned company Sederma.

BODYFIT™ is a natural substance capable of breaking down fats, etc. (lipolysis) as well as regulating fat cells (adipocytes). Fat cells play a critical role in the balance of skin and body energy/heat. Furthermore, BODYFIT™ reverses fat cells to normal mesenchymal cells. This means that BODYFIT™ works more sophisticated, very innovative and totally original in the fight against cellulite compared to other slimming actives on the market.

BODYFIT™ visibly reduces the appearance of cellulite by up to 35 %, while contributing to an improvement in drainage and water distribution throughout tissue. Skin is noticeably smoother after just a few weeks of treatment. Skin firmness is restored as cellulite diminishes.



Bets from Pretoria had a couple of small tumours removed from her face. The wounds just did not heal and remained watery - even after 3 weeks. Salon Carmia, an Aloe Ferox distributor, treated the wounds by cleaning it regularly using a soft, warm washcloth and then applying SUPER ALOE GEL.

The wounds healed completely within 2 weeks. Bets is very pleased and can't wait to hear what her dermatologist will be saying about the recovery.

Q: How do I use CEL-U-LITE GEL?

1. BEFORE bath/shower: Use a dry massage or exfoliating glove to massage cellulite affected areas twice daily with upwards movements only.
2. AFTER bath/shower: Apply CEL-U-LITE GEL 2-3 times daily to the affected areas.
3. Fight cellulite from the inside with CIRCULATE-IT capsules.



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